



FOUNDATIONS

DAY NURSERY

Est. 2010

Toilet Training

The staff at Fun Foundations Day Nursery are experienced in helping children to potty train. If you think your child is developmentally ready to start using the potty we will endeavour to support you and your child to the best of our ability.

Potty training can be a very daunting process for parents but please be assured that our staff will work with you every step of the way to ensure the process is a smooth one. Please be aware that it can take longer for a child to potty train at nursery as there is so much more happening within the environment in comparison to at home. This is why we ask you to start potty training your child at home for a short period before it is introduced at nursery.

We understand that due to changes in routines or at home some children may regress. If your child has been dry for a while and they begin to have accidents your key person will work with you and support your child through this time.

The following things should be taken into account when toilet training at nursery:

- If the child is not progressing well then the Key Person will discuss the way forward with parents/carers
- The child must be confident with the staff and well settled in the nursery.
- Toilet training is a joint effort and must be accompanied by lots of communication between staff and parent/carers.
- The first stage of toilet training is to recognise the signs that the child is ready. Practitioners recognise when children become aware that they are wet or soiled and they share this information with parents and record their observation
- Children are given access to the toilet with practitioners' supervision.
- The staff will never insist a child uses the toilet but will concentrate on praising and rewarding success.
- The child will need to advance to 'real' pants as in trainer pants he/she still feels as if he/she is wearing a nappy.
- The nursery will need a good supply of pants trousers and socks preferably easy to remove (No dungarees or trousers with zips and buttons). If we do dress your child in nursery spare clothes we would appreciate the clothes returned as soon as possible.
- The staff will need to know any special words the child uses to express the need for the toilet.
- Children may still need a nappy for sleep times.



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- It is not unusual for children to regress after a while and have a few accidents. If this does happen the staff will carry on encouraging and praising for the times they are using the toilet.
- Parent/carers may want to wait a few weeks by going back to nappies. False starts are very common.
- Staff will record in the daily diaries any accidents that have occurred (soiled/ wet) and any successes that the child has experienced using the toilet during that day
- The nursery has child size toilets, so therefor advise parents that potties aren't brought into the setting. This is the perfect situation to introduce the child to a toilet with support from the childcare practitioner

Signatures	Date for Review
A. Ferguson.	June 2026